



Welcome folks to the August issue of BrassPounder. I'm sorry for the very long delay – all my fault this time. Graham sent me the tables and asked a question in the same email...I answered the question but missed the tables. As soon as Graham pointed this out I set to...so this is a short BP!!

## 30m and 60m

There's been a lively discussion on the above two bands recently and I have been asked to put together an activity. It's a divisive issue because they are contest free bands but some people get twitchy about any organised activity, so I am trying to be sensitive.

My feelings are quite clear – we need to use these bands for all the usual reasons and if the activity scores no points it IS perfectly valid. 60m is an interesting band though because the band plan is tricky at first sight - do this, don't go here, mustn't do this etc. In fact it is pretty clear and not at all hard but if you still feel trepidation then stick to the frequencies shown in the activity and you'll be fine. Some of the freqs are only applicable to the UK operators, again no apologies...feel free to move around as you wish but I post the freqs for UK amateurs who are still shy of 60m and who have asked me to do so. I have had NO Dx members email me with requests, but if you do I shall certainly accommodate you!!

Please note that 60m is ONLY open to FULL licence holders as far as UK amateurs are concerned.

30m is open to all and is a super band...no blasted contesters and interesting propagation. FISTS have a CoA of 10.118 on 30m which is a good start. I confess that of late I have not used 30 much but have concentrated on 60. Anyway, see what you think and have a bash of you can.

I have split the activity into two discrete 3 week blocks.

# 30m and 60m activation

DATES and  
TIMES

Continuous running, 24/7 from start to finish BUT if you concentrate your activity around the cardinal hours it will improve chances...maybe! So, operate any time at all but try to be on at 00, 03, 06, 09, 12, 15, 18, 21. LOCAL PLEASE. (if you want to work Dx then adjust accordingly). Also try different times of the day and night to learn about propagation.

**30m. Monday 4<sup>th</sup> September till Monday 25<sup>th</sup> September - 3 weeks activity.**

**60m. Monday 2<sup>nd</sup> October till Monday 23<sup>rd</sup> October. – 3 weeks activity.**

30M : Remember the FISTS freq is 10.118 and 10.128 and the QRP CoA is 10.116.

60M. frequencies basics are:

Lower limit kHz	Upper limit kHz	Guidelines on current usage and suggested USB frequencies
5258.5	5264.0	CW activity, 5262kHz QRP

FREQUENCIES

BUT... Any 60m frequency within your country's 60m allocation and (if applicable), nominated for primary CW use by your national radio society's band plan or the [IARU Region 1 band plan](#) (5351.5-5354.0).

Note: for UK and Crown Dependency members only, the [RSGB band plan's primary CW allocation](#) is 5258.5-5264.0 with 5262 for QRP. (Unfortunately this does not overlap with the IARU Region 1 band plan, so UK QSOs will effectively be UK to UK only.)

FULL licences only in the UK

There is no minimum exchange

EXCHANGE

There are no points.

SCORING

LOGS

In order to assess the success or otherwise of this event I would appreciate soapbox comments and total number of QSO please to [logs@fists.co.uk](mailto:logs@fists.co.uk).

### Key'p Bugging On

Not quite what WS Churchill meant but two FISTS have recently joined the bug key group (Lord helps us). Mark, MOZMX F20022, and Martin M0MWS, F16211, have recently acquired Bug keys and are now sending between themselves the unique bug code! In point of fact, they're both doing very well at this new skill and more to the point, enjoying their radio!

That's all for now...please keep me advised of news and intrigue in your shacks!!

73

David G4YVM

## New Members

Name	Call	No.
Tony	BA3AX	#22121
Mike	ZL2MIK	#22145
Martin	M0ROZ	#22146
George	VK4GNW	#22147
Doug	VK4DMB	#22148
Gwen	VK3GSC	#22149
Bow	ZL1HX	#22150
Mark	VK2DI	#22151
George	M0EAL	#22152
Sue	M0PSZ	#22153
Alan	M0VLT	#22154
Danny	M0SDB	#22155
Gil	VK3CQ	#22156
Kelvin	G1ZSE	#22157
Chris	M7SVB	#22158
Helge	OU3AW	#22159
<a href="#">Flight Refuelling Amateur Radio Society (FRARS)</a>	G4RFR	#22160
Peter	G4BVH	#22161
<a href="#">30m CW Activity Group</a>	30CW	#22170
Louis	AG5XU	#22217
Andy	KI5PED	#22218
Ben	NP4C	#22219
Rich	K1YRW	#22220
Les	AG5ES	#22221
Ralph	KG8ZY	#22222
Ryan	VA2RKV	#22223
Mike	KB0RIA	#22224
George	KM4RIO	#22225
David	KB8CW	#22226
Thomas	KD8JX	#22227
Leonel	W8LEO	#22228
Steve	KA8KNZ	#22229
Eduardo	ZP7EDU	#22230
Gerhard	K6XH	#22231
Ronald	W4RJF	#22232
Lloyd	K7PV	#22233
Scott	N3RA	#22234
Marilyn	AD3DX	#22235
William	KI5JWV	#22236
Ronald	KN6ZZG	#22237
Chad	VE3NGN	#22238
Mark	K5AM	#22239
David	AC7CG	#22240

## Awards

Name	Callsign	Member	Awards
Warren	WQ1C	#12064	Millionaire
Jo	F5NFB	#18404	Basic Century
Martin	PE1EEC	#20963	Basic Century, Millionaire, Prefix and Prefix 50, 100 &150 Endorsements
Eamo	EI7LC	#21721	Basic Century, Millionaire

## Comments for Act Your Age Week 2023

Entrant	Comments
Fritz DL4FDM	Vy small log log, but great QSOs !!! Vy73 es cu in CW !
Simon G0FOZ	Nice activity week although I was only active towards the end of the week. Thank you all who exchanged ages with me.  Having only recently returned seriously to the hobby and since early this year back to CW, it was a little shocking to discover that at 59 I was the youngest station amongst those I worked as part of this activity!  73 Simon ( G0FOZ )
Peter G3JRH	My 2d worth Peter G3JRH
Chris G3XVL	Got a few ages, some didn't reveal age though!
Graham G3ZOD	Interesting day on the air with the noise from a local thunderstorm, lots of static crashes / QRN and an uncomfortably warm shack! :-D
Steve G4YTK	It was fun and generated more qso's
Pete M5ABN	Very little activity I'm afraid, DIY & gardening took up lots of time 73 Pete M5ABN
Alan MW0BGL	Cndx were at times a challenge, especially during daylight hours on 40. Quite literally one second a station would be 599; the next, there'd be nothing.  de Alan Mw0bgl 16507
Norbert ON4ANE	Not many stns found active 73 de Norbert ON4ANE

## Results for Act Your Age Week 2023

<b>Callsign</b>	<b>Posn</b>	<b>Total</b>
MW0BGL	1	3061
G3ZRJ	2	2241
M5ABN	3	1485
G4YTK	4	1142
G0FOZ	5	956
G3XVL	6	593
DL4FDM	7	398
ON4ANE	8	382
G3ZOD	9	377
M0SHM	10	170
G3JRH	11	145
G4YVM	12	133

## Results for Chadburn Cup for Clubs July 2023

Club	Ops	Posn	Prev	Move	Total	Jan	Feb	Mar	Apr	May	Jun	Jul
G6HH Hastings Electronics and Radio Club	G0ILN	1	1	-	65	1	23	23	18			
MX0PCN The Pelican Radio Group	G4YVM	2	2	-	11	1	10					

## Comments for Ladder July 2023

Entrant	Comments
Greg DL3GJ	Not so much this time. Next time, for sure - I keep saying myself :-) 73 de Greg DL3GJ
Ivan G0BON	Nice to get a chance to do the ladder again,
Simon G0FOZ	Regular feature in my diary now and a wonderful way to unwind on a Sunday evening. Thanks all!  73 Simon ( G0FOZ )
Peter G3JRH	1st Sunday evening session difficult as the 599 tu stations were stomping all over everyone. 2nd Sunday evening session condx quite good with quite a lot of activity. Peter G3JRH
Chris G3XVL	Entry this month all QRP 5W using a QCX mini. What a fun little rig!
Tony G3ZRJ	Thanks for contacts
Robin G4DNP	Now in Pescara, Central Italy and hope to improve score during August. Best 73s Robin (I/G4DNP)
Ray G4XUZ	Good fun as always. Thanks to all for QSOs. Ray G4XUZ.
John G4YTJ	I was only able to operate on the evening sessions this month, but they are clearly better for inter g work anyway. Nice to work Ivan G0BON again, he used to be a ladder contact I could bank on but it's been several months since I last worked him.
Pete M5ABN	Very little activity I'm afraid, DIY & gardening took up lots of time 73 Pete M5ABN
Alan MW0BGL	Evening condx were better than the afternoon.  de Alan Mw0bgl 16507
Erkki OH7QR	Hello David, Please find attached my log. 73 Erkki OH7QR 8318
Norbert ON4ANE	Condx plays still a role to be heard or not otherwise just fun! 73 de Norbert ON4ANE
Jan PA0SIM	Again practically only QSOs on 40m. 73 Jan PA0SIM

## Results for Ladder July 2023

Callsign	Posn	Prev	Move	Total	Jan	Feb	Mar	Apr	May	Jun	Jul
MM0UMH	1	1	-	545	84	76	70	78	81	81	75
M5ABN	2	2	-	533	67	73	69	71	93	81	79
M0MCL	3	3	-	347	34	58	55	38	71	43	48
G3ZRJ	4	4	-	311	48		54	42	42	80	45
MW0BGL	=5	6	↑	310	42	56	48	53	9	46	56
ON4ANE	=5	5	-	310	36	49	50	48	43	30	54
G4YTJ	7	7	-	295	50	51	62	33		47	52
G4YTK	8	8	-	257	36	36	54	35	30	21	45
M7TSM	9	10	↑	239	30	36	34	32	37	33	37
G3XVL	10	9	↓	227	56	43	60	24	28		16
PA0SIM	11	11	-	223	48	33	32	32	27	15	36
M0PBZ	12	15	↑	165	46			30		34	55
G4XUZ	13	13	-	159	30	32	27		25	21	24
G0FOZ	14	16	↑	153				9	40	51	53
G6HH	15	12	↓	139	7	74		58			
G3JRH	16	23	↑	124				39	27	15	43
G4TPJ	=17	21	↑	123	39	36	15				33
M0SHM	=17	17	-	123	18	27	21	18	15		24
G0DFC	19	18	↓	117	34	28	24	12			19
G0OEY	20	14	↓	115		21	30	45	19		
SP7OGP	21	19	↓	96	20		31	16	8	21	
G0JHK	22	20	↓	91	36	12				43	
G0OTT	23	22	↓	86	39		25	22			
M7NNQ	24	24	-	73		18	8	32			15
G0BON	25	=28	↑	64					18		46
G0LLX	26	26	-	50	23					9	18
G4DNP	27	25	↓	37	7	8	6		6	6	4
G3ZOD	28	=33	↑	30					9	6	15
SQ9S	29	27	↓	24			3	9		12	
DL3GJ	30	=31	↑	22	5	5	2		2	2	6
G0HGH	=31	=28	↓	18						18	
G7BED	=31	=28	↓	18		18					
M0KTZ	33	=31	↓	16	5		8			3	
G7WHI	34	=33	↓	15	15						
G4YVM	35	35	-	11			11				
OH7QR	36	38	↑	5				2			3
IU8OJT	37	36	↓	4	4						
GR4YVM	=38	37	↓	3					3		
PE1EEC	=38	-	↑	3							3
F5NFB	40	-	↑	1							1
MX5IPX*				12					9	3	

\* Check log



## Changes to Sprints

We are making several changes to future [Fists CW Club Sprints!](#)

Sprints will now run over a **24-hour period** on the 2nd Saturday and 3rd Sunday in February, May, August, and November.

There will be **250 bonus points** added to the final score of any log with at least 25 QSO's.

Sprints will run from **0000 to 2359 UTC** on the following dates:

### *Summer:*

Saturday, August 12, 2023

Sunday, August 20, 2023

### *Fall:*

Saturday, November 11, 2023

Sunday, November 19, 2023

### *Winter:*

Saturday, February 10, 2024

Sunday, February 18, 2024

### *Spring:*

Saturday, May 11, 2024

Sunday, May 19, 2024

For more information, please visit: <https://fistsna.org/operating.php#sprints>

## Upcoming Events

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### August 2023

First day	Last day	Event	Times
Tue 01 Aug	Thu 31 Aug	<a href="#">FISTS Chadburn Cup</a>	24x7 UTC
Sun 27 Aug		<a href="#">FISTS Ladder</a>	1400-1600 UTC, 1800-2000 UTC

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### September 2023

First day	Last day	Event	Times
Fri 01 Sep	Sat 30 Sep	<a href="#">FISTS Chadburn Cup</a>	24x7 UTC
Mon 04 Sep	Mon 25 Sep	FISTS 30m Activation	24x7 UTC
Sun 10 Sep		<a href="#">FISTS Ladder</a>	1400-1600 UTC, 1800-2000 UTC
Sun 24 Sep		<a href="#">FISTS Ladder</a>	1400-1600 UTC, 1800-2000 UTC

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### October 2023

First day	Last day	Event	Times
Sun 01 Oct	Sun 31 Dec	<a href="#">ICWC Top 9</a> <a href="#">Quarter 4 season starts</a>	24x7 UTC
Sun 01 Oct	Tue 31 Oct	<a href="#">FISTS Chadburn Cup</a>	24x7 UTC
Mon 02 Oct	Mon 23 Oct	FISTS 60m Activation	24x7 UTC
Sun 08 Oct		<a href="#">FISTS Ladder</a>	1400-1600 UTC, 1800-2000 UTC
Sun 22 Oct		<a href="#">FISTS Ladder</a>	1400-1600 UTC, 1800-2000 UTC

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